



Safe Entry into Confined Spaces

Course Overview

To provide delegates with a thorough understanding of confined spaces, the associated legislation, approved code of practice (ACOP), dangers associated with confined spaces and to the ability to enter, work and leave them safely by horizontal and/or vertical entry.

Course Objectives

Candidates to have;

- An understanding of the requirements of the regulations
- Implementing a safe system of works
- Safe use of Equipment
- Emergency Procedures

Course Content

- Safety legislation
- Confined space regulations
- Identification of confined spaces
- Categories of confined spaces
- Common hazards and ways of avoiding them
- Unsafe atmosphere (including gas monitoring)
- Safety equipment and its use (including harness, winch and escape breathing apparatus)
- Maintenance checks of equipment
- Emergency Procedures
- Permit/Risk Assessments
- Hygiene
- Practical training

Who Should Attend

Anyone whose job involves entry into confined spaces or for those who supervise or write procedures for safe entry into confined spaces.

Number of Candidates per Course

12

What to bring

PPE

Good Health

With no objections into entering a confined space

Duration

One Day

Course Outcome

Anglia Risk Solutions Training Certificate of Attendance