



Hand Arm Vibration (HAV)

Course Overview

This course is designed to provide awareness of the health effects associated with use of vibrating equipment and explains the control measures necessary to reduce the risk.

Course Objectives

To give candidates an understanding of current legislation and how it applies to Hand Arm Vibration Syndrome. To enable the candidate to identify the risks and symptoms of white finger - Candidates will realise the need to limit exposure to excessive vibration.

Course Content

- What is HAVS?
- Current legislation on HAVS
- What causes HAVS?
- Recognize the symptoms of HAVS
- General HAVS advice
- What to do if you have HAVS
- How is Hand Arm Vibration Measured
- How to reduce the risk
- Question and answer paper

Who Should Attend

Training and awareness course for all employees using hand held equipment

Number of Candidates per Course

12

Duration

½ day

Course Outcome

Anglia Risk Solutions Certificate of Attendance