



## Health & Safety Awareness - General

### Course Overview

To give employees and operatives an awareness of health and safety and how it affects their daily role. It will help them understand the potential hazards that they face at work.

### Course Objectives

This course can be used as preparation training for new entrants into the workplace or refresher training for experienced employees. The course will cover individual responsibilities for the safety of themselves and others, typical workplace hazards and how they are controlled, and how everyone can help achieve better practical standards of safety within the workplace.

### Course Content

- Health & Safety at Work Act 1974
- Legal requirements and liabilities
- Enforcing Authorities
- Working at height
- COSHH
- Manual handling
- Fire prevention
- Work equipment
- RIDOR

### Who Should Attend

This course is for those who have entered, or are about to enter, the construction and civil engineering industry as a member of the workforce.

### Number of Candidates per Course

12

### Duration

One Day

### Course Outcome

Anglia Risk Solutions - Certificate of Attendance